

# Directory of Private Mental Health Professionals in Wyndham and Hobsons Bay

|                                |   |                       |   |
|--------------------------------|---|-----------------------|---|
| Altona                         | Peter Abraham<br>Ph. 0426 193 155<br>26A Upton St, Altona   | Clinical Psychologist | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Bipolar</li> <li>• Anger management</li> <li>• Suicide prevention</li> <li>• Substance use</li> <li>• Aboriginal &amp; Torres Strait Islanders</li> </ul> |
| Altona                         | Total Care Counselling<br>Ph. 8609 6992<br>44 Steves St, Altona<br><a href="http://www.totalcarecounselling.com.au">www.totalcarecounselling.com.au</a> | Psychologists         | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Anxiety &amp; depression</li> <li>• Anger management</li> <li>• Eating disorders</li> <li>• Postnatal depression</li> <li>• Trauma</li> <li>• Workplace issues</li> <li>• Weight management</li> </ul>                                   |
| Altona                         | Reflections Psychological Services<br>Ph. 1300 273 323<br>100 Victoria St, Altona   | Psychologist          | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Anxiety &amp; depression</li> <li>• Anger management</li> <li>• Suicide prevention</li> <li>• Trauma</li> <li>• Workplace issues</li> <li>• Languages: Maltese</li> </ul>   |
| Altona North                   | Janet Wilkinson<br>Ph. 9398 1400<br>350 Blackshaws Rd, North Altona<br>Ph. 9391 3244<br>119 Millers Rd, North Altona                                    | Psychologist          | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Anxiety &amp; depression</li> <li>• Workplace issues</li> <li>• Carer issues</li> <li>• Trauma</li> <li>• Works with interpreters</li> </ul>   |
| Altona<br>Laverton<br>Werribee | New View Psychology<br>Ph. 9351 0722<br><a href="http://www.newviewpsychology.com.au">www.newviewpsychology.com.au</a>                                  | Psychologists         | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Substance use</li> </ul>  |

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| <p>Altona<br/>Williamstown</p> | <p>CTK Psychology and Emotional Wellbeing</p> <p>Altona Superclinic<br/>Ph. 9360 8200</p> <p>Meadows Medical Centre Altona<br/>Ph. 9369 4266</p> <p>Bluestone Family Medical Centre<br/>Ph. 9397 2800</p> | <p>Psychologist</p>  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Depression</li> <li>• Bipolar</li> <li>• Personality disorders</li> <li>• Substance use</li> <li>• Eating disorders</li> <li>• Trauma</li> </ul> |
| <p>Hoppers Crossing</p>        | <p>Jane Screen Psychology Services</p> <p>Ph. 0421 630 764</p> <p>49 Derrimut Rd, Hoppers Crossing</p> <p><a href="http://www.janescreenpsychology.com.au">www.janescreenpsychology.com.au</a></p>        | <p>Psychologist</p>  | <ul style="list-style-type: none"> <li>• Anxiety &amp; depression</li> <li>• Grief &amp; loss</li> <li>• Parenting</li> <li>• Sleep difficulties</li> </ul>  |
| <p>Hoppers Crossing</p>        | <p>Bluestone Allied Health</p> <p>Ph. 8742 4302</p> <p>136 Derrimut Rd, Hoppers Crossing</p> <p><a href="http://www.bluestonealliedhealth.com.au">www.bluestonealliedhealth.com.au</a></p>                | <p>Psychologists</p>   | <ul style="list-style-type: none"> <li>• Adult</li> <li>• Adolescents</li> <li>• Children 4 years+</li> <li>• Suicide prevention</li> <li>• Autism Spectrum Disorder</li> <li>• Works with interpreters</li> </ul>                                     |
| <p>Hoppers Crossing</p>        | <p>Specialist Clinic</p> <p>Ph. 9748 6022</p> <p>79 Morris Rd, Hoppers Crossing</p>   | <p>Psychologists</p>   | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Families</li> <li>• Languages: Arabic</li> <li>• Substance use</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Suicide prevention</li> </ul>        |
| <p>Hoppers Crossing</p>        | <p>Sovereignty Counselling</p> <p>Ph. 8742 4468</p> <p>151 Heaths Rd, Hoppers Crossing</p> <p><a href="http://www.sovereigncounselling.com.au">www.sovereigncounselling.com.au</a></p>                    | <p>Clinical Psychologists<br/>Psychologists<br/>Social Workers</p> | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Autism Spectrum Disorder</li> <li>• Trauma</li> <li>• Works with interpreters</li> </ul> |

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|------------------|---|---|---|
| Hoppers Crossing | Wyndham Psychology and Psychotherapy Clinic<br>Ph. 8742 2296<br>67 Heaths Rd, Hoppers Crossing  | Clinical Psychologists<br>Psychologists<br>Social Workers | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Workplace issues</li> <li>• Anxiety &amp; depression</li> <li>• Perinatal depression</li> <li>• Suicide prevention</li> <li>• Trauma</li> <li>• Works with interpreters</li> <li>• Languages: Scandinavian</li> </ul> |
| Hoppers Crossing | VPC Consulting<br>Ph. 9748 9832<br>2-4 Hampstead Dr, Hoppers Crossing   | Psychologist  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Autism Spectrum Disorder</li> <li>• Workplace issues</li> <li>• Carer issues</li> <li>• Works with interpreters</li> </ul>  |
| Hoppers Crossing | Alan Williams<br>Ph. 9369 4999<br>333 Old Geelong Rd, Hoppers Crossing  | Psychologist  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Families</li> <li>• Carer issues</li> <li>• Workplace issues</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> </ul>   |
| Hoppers Crossing | Radiant Minds Psychology<br>Ph. 0422 516 348<br>163 Mossfiel Dr, Hoppers Crossing<br><a href="http://www.radiantminds.com.au">www.radiantminds.com.au</a> | Psychologist  | <ul style="list-style-type: none"> <li>• Adolescents</li> <li>• Children</li> <li>• Learning difficulties</li> <li>• Autism Spectrum Disorder</li> <li>• ADHD</li> </ul>  |
| Point Cook       | Point Cook Specialist Rooms<br>Ph. 8383 6888<br>225-229 Sneydes Rd, Point Cook  | Clinical Psychologists<br>Psychologists                   | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Autism Spectrum Disorder</li> <li>• Grief &amp; loss</li> <li>• Languages: Afrikaans</li> </ul>   |

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| Point Cook                 | <p>Psylegal Psychology</p> <p>Ph. 1300 792 209</p> <p>110 Boardwalk Blvd, Point Cook</p> <p><a href="http://www.psylegal.com.au">www.psylegal.com.au</a></p>                                      | Clinical Psychologists   | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Forensic psychology</li> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Substance use</li> <li>• Trauma</li> <li>• Languages: Hindi</li> </ul>                                     |
| Point Cook                 | <p>Westgate Health and Wellness Centre</p> <p>Ph. 9748 8868</p> <p>Level 1, 2 Main St, Point Cook</p>   | Clinical Psychologist<br>Psychologist  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Workplace issues</li> <li>• Substance use</li> </ul>   |
| Point Cook<br>Williamstown | <p>Waddell Psychological Consulting</p> <p>Ph. 0455 533 533</p> <p><a href="http://www.wpcpsychology.com.au">www.wpcpsychology.com.au</a></p>   | Psychologists  | <ul style="list-style-type: none"> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Eating disorders</li> <li>• Trauma</li> <li>• Perinatal depression</li> </ul>   |
| Newport                    | <p>Aspire Health and Psychology</p> <p>Ph. 9391 9866</p> <p>34a Mason St, Newport</p> <p><a href="http://www.aspireonline.com.au">www.aspireonline.com.au</a></p>                                 | Psychologists  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Sexuality</li> <li>• Weight loss</li> <li>• Aboriginals &amp; Torres Strait Islanders</li> </ul> |
| Newport                    | <p>Newport Health and Wellbeing</p> <p>Ph. 0425 788 001</p> <p>35 Challis St, Newport</p> <p><a href="http://www.newporthealthandwellbeing.com.au/">www.newporthealthandwellbeing.com.au/</a></p> | Clinical Psychologists<br>Psychologists<br>Social Worker<br>Occupational Therapist | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Families</li> <li>• Perinatal depression</li> <li>• Trauma</li> <li>• Borderline personality disorder</li> <li>• Suicide prevention</li> </ul>         |

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| Newport   | <p>Dianne McNamara</p> <p>Ph. 0411 634 309</p> <p>471 Melbourne Rd, Newport</p>  | Psychologist  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Anxiety &amp; depression</li> <li>• Eating disorders</li> <li>• Chronic illness</li> <li>• Trauma</li> </ul>   |
| Newport   | <p>Shelly Cameron</p> <p>Ph. 9391 1611<br/>0411 802 320</p> <p>102 North Rd, Newport</p>   | Clinical Psychologist                                     | <ul style="list-style-type: none"> <li>• Adult</li> <li>• Adolescent</li> <li>• Anxiety &amp; depression</li> <li>• Anger management</li> <li>• Bullying</li> <li>• Postnatal depression</li> <li>• Trauma</li> <li>• Workplace issues</li> </ul>           |
| Spotswood | <p>Spotswood Health Group</p> <p>Ph. 9391 6233</p> <p>29 Hope St, Cnr of Hudsons Rd,<br/>Spotswood</p>   | Clinical Psychologist<br>Psychologist                     | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Anxiety &amp; depression</li> <li>• Postnatal depression</li> <li>• Health related problems</li> <li>• Cancer support</li> <li>• Trauma</li> <li>• Substance use</li> <li>• Sexuality</li> </ul> |
| Werribee  | <p>Corazon Centre</p> <p>Ph. 9974 2756</p> <p>11 Mortimer St, Werribee</p> <p><a href="http://www.corazon.org.au">www.corazon.org.au</a></p>                 | Clinical Psychologists<br>Psychologists<br>Social Workers | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Infant mental health</li> <li>• Families</li> <li>• Languages: Russian &amp; Greek</li> </ul>   |
| Werribee  | <p>Wyndham Psychological Solutions</p> <p>Ph. 0410 144 635</p> <p>7 Bridge St, Werribee</p>  | Psychologists<br>Social Workers                           | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Anxiety disorders</li> <li>• Depression</li> <li>• Bipolar</li> <li>• Psychosis</li> <li>• Trauma</li> </ul>   |
| Werribee  | <p>Empathy Healthcare</p> <p>Ph. 8742 6644</p> <p>52 Derrimut Rd, Werribee</p> <p><a href="http://www.empathyhealth.com.au">www.empathyhealth.com.au</a></p> | Clinical Psychologists                                    | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Works with interpreters</li> </ul>  |

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|----------|--|---|---|
| Werribee | <p>Crookes Counselling and Consulting Services</p> <p>Ph. 9742 3500</p> <p>7 Princes Hwy, Werribee</p> <p><a href="http://www.crookes.com.au/home.html">www.crookes.com.au/home.html</a></p>             | <p>Psychologists<br/>Social Workers</p>                             | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Anxiety &amp; depression</li> <li>• Substance use</li> <li>• Trauma</li> <li>• Pain management</li> <li>• Injury and illness</li> <li>• Works with interpreters</li> <li>• Languages: Ethiopian, Oromo &amp; Amharic</li> </ul> |
| Werribee | <p>Alison Mynard</p> <p>Ph. 0425 745 606</p> <p>Suite12, 7 Bridge St, Werribee</p>   | <p>Clinical Psychologist</p>  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Substance use</li> <li>• Trauma</li> <li>• Forensic psychology</li> <li>• Works with interpreters</li> </ul>  |
| Werribee | <p>headspace</p> <p>Ph. 8001 2366</p> <p>Shop 13, 5 Duncans Rd, Werribee</p> <p><a href="http://www.headspace.org.au">www.headspace.org.au</a></p>   | <p>Psychologists<br/>Social Workers<br/>Occupational Therapists</p> | <ul style="list-style-type: none"> <li>• Adolescents 12-25 years</li> <li>• A range of mental health issues</li> <li>• Substance use</li> </ul>   |
| Werribee | <p>Joanne Garfi</p> <p>Ph. 9908 2998</p> <p>242 Hoppers Lane, Werribee</p>   | <p>Psychologist</p>   | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Anxiety &amp; depression</li> <li>• Bipolar</li> <li>• Eating disorders</li> <li>• Languages: Italian</li> </ul>  |
| Werribee | <p>Hopscotch and Harmony Child and Family Psychology</p> <p>Ph. 9731 1656</p> <p>275 Princes Hwy, Werribee</p> <p><a href="http://www.hopscotchandharmony.com.au">www.hopscotchandharmony.com.au</a></p> | <p>Psychologists</p>  | <ul style="list-style-type: none"> <li>• Children</li> <li>• Anxiety</li> <li>• Anger management</li> <li>• Autism Spectrum Disorder</li> <li>• ADHD</li> <li>• Learning difficulties</li> </ul>  |

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| Werribee                 | 275 Consulting<br>Ph. 9731 1656<br>275 Princes Hwy, Werribee  | Clinical Psychologists<br>Psychologists<br>Social Worker<br>Mental Health Nurse<br>Speech Pathology | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Postnatal depression</li> <li>• Chronic pain</li> </ul>  |
| Werribee                 | Emergent Consulting<br>Ph. 0414 914 770<br>Suite6/114 Watton St, Werribee   | Psychologist  | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Families</li> <li>• Anger management</li> <li>• Trauma</li> <li>• Autism Spectrum Disorder</li> </ul>  |
| Werribee                 | Sarah Nelson Psychology<br>Ph. 0430 008 581<br>10/7 Bridge St, Werribee   | Psychologist  | <ul style="list-style-type: none"> <li>• Children</li> <li>• Families</li> <li>• Autism Spectrum Disorder</li> <li>• Learning difficulty assessments</li> <li>• Challenging behaviours</li> <li>• Anxiety</li> </ul>   |
| Werribee<br>Williamstown | Healthy Minds Psychological Services<br>Werribee Ph.: 9366 7003<br>Williamstown Ph. 9397 2800<br><a href="http://www.healthyminds.net.au">www.healthyminds.net.au</a> | Psychologists   | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Families</li> <li>• Anxiety &amp; depression</li> <li>• Substance use</li> <li>• Suicide prevention</li> <li>• Works with interpreters</li> <li>• Conversational Italian</li> <li>• Basic sign language</li> </ul> |
| Williamstown             | Tree Haus<br>Ph. 9397 4499<br>2 Cox's Garden, Williamstown<br><a href="http://www.treehauswilliamstown.com.au">www.treehauswilliamstown.com.au</a>                    | Psychologists<br>Social Workers<br>Occupational Therapists<br>Speech Pathology                      | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Anxiety &amp; depression</li> <li>• Substance use</li> <li>• Eating disorders</li> <li>• Autism Spectrum Disorder</li> <li>• Trauma</li> <li>• Psychosis</li> <li>• Languages: Italian</li> </ul>                  |

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| Williamstown | Kaye Frankcom and Associates<br>Ph. 9397 0977<br>104 Douglas Pde, Williamstown<br><a href="http://www.kayefrankcom.com/">www.kayefrankcom.com/</a>                             | Clinical Psychologists<br>Psychologists | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Autism Spectrum Disorder</li> <li>• Grief &amp; loss</li> <li>• Languages: Maltese</li> </ul>                             |
| Williamstown | Creating Ripples<br>psychology for life skills<br>Ph. 9397 1698<br>98A Ferguson St, Williamstown<br><a href="http://www.creatingripples.com.au">www.creatingripples.com.au</a> | Psychologist                            | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Children (5-12yo)</li> <li>• Anxiety &amp; depression</li> <li>• Trauma</li> <li>• Grief &amp; loss</li> <li>• Anger management</li> <li>• Relationship issues</li> <li>• School refusal</li> </ul> |
| Williamstown | Williamstown Psychology<br>Ph. 9397 7435<br>98A Ferguson St, Williamstown<br><a href="http://www.williamstownpsychology.com.au">www.williamstownpsychology.com.au</a>          | Psychologists                           | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Anxiety &amp; depression</li> <li>• Grief &amp; loss</li> <li>• Family &amp; relationship issues</li> <li>• Childhood issues</li> <li>• Postnatal depression</li> <li>• Workplace issues</li> </ul> |
| Williamstown | BMD Psychology Consulting<br>Ph. 0403 226 963<br>95 Victoria St, Williamstown<br><a href="http://www.bmdpsychologyconsulting.com.au">www.bmdpsychologyconsulting.com.au</a>    | Psychologist                            | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Anxiety &amp; depression</li> <li>• Bipolar</li> <li>• Relationship issues</li> <li>• Workplace issues</li> <li>• Grief &amp; loss</li> </ul>  |
| Williamstown | Rebecca Kenny<br>Ph. 0408 997 537<br>92 Stevedore St. Williamstown   | Psychologist                            | <ul style="list-style-type: none"> <li>• Adults</li> <li>• Adolescents</li> <li>• Families</li> <li>• Forensic psychology &amp; criminology</li> <li>• Substance use</li> <li>• Anxiety &amp; depression</li> <li>• Suicide prevention</li> <li>• Trauma</li> </ul>                   |

**Disclaimer:** South Western Melbourne Medicare Local (SWMML) has prepared the information contained in this directory with due care but makes no representation or warranty about the accuracy or completeness of the information provided.

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